

## Pre-op Instructions for Robotic Prostatectomy

### Ten days prior to surgery:

- **No aspirin** or aspirin-based products
- **No anti-inflammatory medications** – Examples include ibuprofen, Advil®, Motrin®, and Aleve®.
- **No vitamins, herbs, or other supplements** – Even when not on the label, these can contain ingredients that may thin your blood.
- **No blood-thinners** such as Plavix® (clopidogrel) or Coumadin® (warfarin) – For patients at high risk for blood clots, Dr. Miller may recommend a “temporary” blood-thinner during these ten days. Stopping these medications should be discussed with the prescribing doctor.

### The day prior to surgery:

- **Nothing to eat or drink after midnight** – not even water or other clear liquids
- **Clear liquid diet all day long** starting when you awake in the morning on the day before surgery (36 hours prior to surgery)
- **Fleet® enema** approximately 2 hours before going to sleep on the night before surgery – not the day of surgery as you may have done for the biopsy
- **Drink plenty of fluids.**

### The day of surgery:

- **Nothing to eat or drink**
- **Do not shave the surgical area.** We use a special clipping device to reduce the risk of infection.
- **Bring loose-fitting clothing.**
- **Regular medications** – The Anesthesia Department will discuss which medications they wish you to take on the day of surgery. You may have a small sip of water for this purpose.

### Pre-op visit:

- Usually 1-2 weeks prior to surgery
- Pre-operative instructions given
- Answer any remaining questions
- Complete necessary paperwork
- Visit with hospital for pre-registration and any necessary blood work, x-rays, or EKG
- Total time for both visits can be up to 3-4 hours.
- Out-of-town patients can accomplish some of the above with their local physician and then meet with Dr. Miller the day before surgery.